

**International Study Seminar of  
the Church and Sport Section:  
“Coaches: educating people”.**

**14-15 May, 2015**

**Villa Aurelia– Rome**

# Coaches: A mission toward social inclusion



# The education of coaches for the development of the people



# FUTURE IN YOUTH

## Australian Catholic University



Sandy Allen-  
Craig

**FIY is a capacity building program  
which uses sport to help build  
wellbeing and life skills for the people  
of Baucau - Timor Leste**



**FIY engages and educates volunteer coaches, to promote key messages of health, wellbeing and life-skills**



1. Coach Education for volunteers in the community
2. Sport Education for youth engagement



Over the past 5 years approximately  
4500 youth and 250 volunteer  
coaches have participated in FIY



# Timor Leste



# Timor Leste

- Gained independence in 2002
- During the struggle for independence most infrastructure destroyed, (1999)
- 95% of schools were destroyed in 1999
- 53% of its population is under the age of 18

## Timor Leste

- 37% of its population lives below the poverty line
- 50% of its population is illiterate
- 40% of the population is malnourished .
- Life expectancy at birth is 62.5 years.

# Outbreaks of violence



# Sport to engage the youth





# Fun Fair Respect



# Coach Training



# Personal Leadership Skills



# Group Management Skills



# Skills and Drills



# Skill Progressions and Minor Games

